On July 25, 1967, Holocaust survivor Paul Celan and antisemitic philosopher Martin Heidegger met each other. Two other meetings followed. This is the fascinating story of the two poets and philosophers, and their secretive meeting, which qualifies as an extraordinary event in German intellectual history.

What connected the most influential German philosopher of the twentieth century and the stellar post-war poet, who dedicated one of his most important poems, *Todtnauberg*, to this meeting?

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HANS-PETER KUNISCH, born in 1962 in Visp, completed degrees in German, theater studies and philosophy, and wrote his dissertation about Musil, Schnitzler and Kafka. After residing in Paris and Munich, he now lives in Berlin. He researched the meeting at Todtnauberg in archives located in Berlin, Marburg and Paris, and he interviewed the last living witnesses of this event. He writes for *DIE ZEIT*, *SZ*, *NZZ*, *WDR* Radio, and *Deutschlandfunk Kultur*, as well as for the *Philosophie-Magazin*.

**The poet and the philosopher. Death Fugues and Black Books — The Meeting in Todtnauberg**

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**Tessa Randau**

*The Forest, Four Questions, Life, and I — A Meeting that Changed Everything*

• Written by a renowned expert regarding German literature and philosophy
• Told for the first time in book form: the histories of Celan and Heidegger with special focus on their relationship — researched in previously unknown primary sources and through conversations with the last living witnesses of this meeting
• For readers of Wolfram Eilenberger, Volker Weidermann and Rüdiger Safranski

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She actually has everything she has ever dreamed of, but the young woman is, nonetheless, increasingly discontent. She frequently has no idea how to manage the daily balancing act between career and family. One day, while walking through the woods, she encounters an old woman, who shares with her the four questions of life that can change everything. The young mother isn’t quite convinced by this claim, but she still resolves to figure out how the process functions. The first question is: What do I actually want?

And the process actually works. She slowly begins to believe in the power of the questions, but then one question plagues her into a major crisis: What do I actually need? Suddenly, so many things seem to be under scrutiny. The old woman doesn’t have any easy answers, much to the young mother’s disappointment. Instead, the old woman offers to reveal the final question to her. This one has the greatest power to catalyze far-reaching change. Is she ready for this?

• A very personal debut from an auspicious author
• Realistic, inspiring, encouraging
• For fans of John Strelecky’s *The Why Café*
Marianne Koch

The Family Health Book

The prominent doctor and journalist Dr. Marianne Koch explains the functions of the human body and its most frequent illnesses, as well as their prevention and treatment. The author describes the heart and blood vessels, breathing, muscles, bone structure, digestion, hormones, the immune system and the human body as a whole. Dr. Koch elaborates on the most frequent infections and chronic diseases and their possibilities of treatment.

Total sales: 100,000 copies

Body Intelligence

What You Need to Stay Young

When do you start growing old? At 30? At 50? Or even later? According to scientists, there’s no hard and fast rule. Countless scientific studies leave us in no doubt that our lifestyle has a major influence on how youthful and energetic we will be in later life.

In this guide to everlasting health, Marianne Koch makes use of the latest research to introduce a multitude of techniques for remaining youthful and mentally alert. She shares with us a wealth of practical hints and tips. Her unmistakeable tone and rich prose style enable her to convey better than almost anyone else the »intelligent« way to age, how to treat your mind, body and soul wisely, so that energy and quality of life are retained into a ripe old age.

Preventive Healthcare

How to keep your body and soul healthy

Every year our average life expectancy increases by two months, but in order to make the most of this gift and the many years that precede it, we need to take good care of ourselves. This means we should be taking action to stave off potential health problems before they have a negative impact on our lives.

Marianne Koch examines the most common afflictions and shows how we can prevent them. The book includes a health check-up and delineates the precautionary medical examinations available to us.

208 pages
Pub. Date: 1999

Marianne Koch

Our Astonishing Immune System

How It Protects and Heals Us – and How We Can Strengthen It Every Day

Our bodies’ miraculous defense system: everything we need to know about our immune systems.

“Our body’s defenses are phenomenal. And there is a lot we can do to foster them.”

Millions of microorganisms have colonized us: bacteria, viruses, fungi, parasites. Most of them are harmless, but some of them are malignant pathogens. Without a functioning immune system, we wouldn’t be able to survive. In this book, the doctor and award-winning medical publicist highlights what we can do every day to support our physical defenses. She also explains the specific mechanisms our bodies use to mount a defense against the pathogens and how they can compensate for mismanagement within our internal system.

Day after day, Marianne Koch implements what she promotes, and she is the best evidence of how much we can do for ourselves, since she is in the best of health.

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208 pages
September 2020

PREPADE FOR PREVIOUS TITLES OF THE AUTHOR:

“The experienced internist gets right to the heart of complicated coher-encies, and in every chapter we pick up, she attests to our own personal ability to significantly reduce our risk of getting sick.”

Susanne Köhler, Gesundheitsforum, Feb./March 2017

“The doctor and author Marianne Koch expresses specific medical in-formation vividly and in a way that is intelligible to all readers…”

Buchreport, August 2011

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We are all too eager to scoff at sensitive people as weaklings. They are labeled as highly strung and unresilient – and very often, this is the way they perceive themselves as well. They avoid stressful situations and retreat to places where they feel safe.

The more varied and sensitive our responses are to sensory stimuli, the more easily we can cope with ourselves, as well as our interactions with other people and our entire surroundings. Thus, sensitivity proves to be a powerful element in the interplay between body, mind and spirit. It is a wise guidepost that can enable us to better orient ourselves in those instances when our rational abilities fail.

Kathrin Sohst reveals how sensitive people can act in a self-confident, more proactive manner, how they can transform negative emotions into constructive, positive energy to take action, and how they can use sensitivity as a valuable resource. After all, what people assume is a weakness is, in reality, a strength.

- The German expert on the topic, whose work is based on the most up-to-date scientific data
- The book includes sensitivity tests, guidelines and practice exercises
- Former books by the author have been translated into 5 languages: Chinese, Czech, Korean, Portuguese, Spanish
- For readers of Stefanie Stahl

Making optimal use of our fine antennae

We are often our own worst enemies. We set up mental barriers, question ourselves constantly, look on the black side of things, lack courage, and fear the unknown. This is called self-sabotage, and it can erode our self-confidence. Experienced trainer Jacqueline Koeppen knows how we can end these negative mental spirals and how we can actively shape our lives. In order to achieve this, she describes five phases for change: realization, contemplation, feeling, discussion, and action.

Over one hundred concrete prompts focus on the typical variations of self-sabotage, ranging from aimlessness to uncertainty. Koeppen provides readers with effective and proven strategies with which to overcome old thought patterns and mental blocks, and to maximize personal potential.

- A manual for self-coaching: the household motivation book
- Includes numerous exercises, action strategies, and practical tips for how you can overcome mental blocks – this is how self-empowerment occurs
Numerous studies indicate that fifteen minutes of writing every day can improve your health

Today, many doctors practice “reparatory medicine” with their patients, instead of simply searching for the causes of their complaints. Assisted by doctor and writing therapist Silke Heimes, we will become the best experts on our own health. Her prescription: twelve weeks of writing, fifteen minutes every day. These might be the effects of daily writing:

- reduce your blood pressure
- strengthen your immune system
- lessen gastrointestinal problems
- open up your respiratory system
- help battle depression
- make you healthy and happy

We will learn how to once again recognize our bodies’ warning signals as such, through clear, motivational writing prompts. We will also discover a good way to cope with physical and mental ailments, and how to recognize what makes us healthy and well-balanced.

- The author is an expert in two fields: medicine and writing therapy
- Charmingly designed workbook for physical and emotional well-being
- A 12-week program for improved health and balance
- For readers of Andreas Michalsen and Dominik Spenst’s *The 6-Minute-Diary*
- A second title is in preparation

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SILKE HEIMES studied medicine and German studies. She then worked as a doctor in a psychology practice. She is a trained poetry therapist, and since 2014, she has worked as a journalism professor at the Darmstadt University for Applied Sciences. As the founder and director of the Institute for Creative and Therapeutic Writing, she bears daily witness to the healing effect of the writing process.

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Why do children always eat the same things? Why do they always dawdle? Why are boys eventually arrayed against the girls? Why do toddlers throw everything? Why do children pick their noses all the time?

Our little fellow humans are strange creatures. They mainly move by skipping, rarely do what they are told, and want to subsist on noodles and sweets. Sandra Winkler, mother of two daughters, gets to the bottom of this matter. Using findings from the fields of psychology, development pediatrics, and neurology, she provides an entertaining and vivid description of why little ones operate so differently than we do.

A book that will enable us to understand children better, while opening our eyes to the wonderful and wondrous aspects of them.

- The extraordinary behavior of young children scientifically explained and humorously told
- The ideal gift book — charmingly illustrated
- For readers of Danielle Graf’s *The child I wished to have so badly* and Louis and Joe Borgenicht’s *Baby Owner Manual*
Christian Jung

One More Flying Start
My Second Life with a Brain Pacemaker: Instructions on how to Live with Parkinson’s

Despite Parkinson’s: “My new adventure is called life”

Christian Jung was in his mid-forties when he received his Parkinson’s diagnosis. As a scientific journalist, Jung was able to quickly figure out what this finding meant for him. Theoretically, at least – because he couldn’t really know what it would be like to live with a disease that would progress unrelentingly. When he reached the point that his mobility became so limited that he had to crawl painstakingly into the bathroom at night, he decided to undergo an operation and have a brain pacemaker implanted. With this step, his second life began.

In this book, Christian Jung tells his story and describes the current state of research into Parkinson’s. He presents the disease’s basic mechanisms, treatment and pharmaceutical options, drugs, and therapies. One More Flying Start is a book that promotes hope and courage: informative, critical, open, and funny, through and through.

- The fascinating story of a patient whose brain pacemaker has given him a new lease on life
- A helpful advice book that presents all there is to know about Parkinson’s, including the current state of research related to treatment options, pharmaceutical options, drugs, and therapies

Christina Berndt

Individuation

These days, many people are searching for their “true selves”. However the “I” isn’t a fixed quantity, but in constant flux. Christina Berndt has dedicated herself to the big, intriguing question of how we become what we are. She focuses on the creation and development of our personalities, and on the classic turning points in our lives. Which mental tools help to shield us from negative influences and enable us to better utilize the positive ones? Our personalities exist in a constant feedback loop with our lives. Major life decisions and even minor experiences have a strong impact on our identities.

Rights sold: Italy

Contentment

Contentment is a pretty reliable emotion. It may be less thrilling than the euphoria of happiness, but it has the advantage of being a great deal more stable and enduring. Rooted in a basically positive mindset – a fundamentally life-affirming attitude – contentment is governed more by the mind than the heart; it is the result of cognitive processes. This gives it an unbeatable edge: we can influence our sense of contentment far more than the inherently transient feeling of happiness. What’s more, contentment is a wellspring of creativity – and it is a strategy we can learn. The central question is: what really matters to me?

Rights sold: Brazil, Italy, Taiwan

Resilience

Stress, burnout and depression are the afflictions of our time. Many of us seem unable to handle the ever-increasing speed and complexity of life. What we need more than ever is a coping strategy – an inner strength we can rely on in times of crisis. Resilience: that’s what psychologists call the mysterious force that keeps us from falling apart and brings us back from the brink in the wake of adversity. Christina Berndt explains what it is that makes us strong and reveals the secrets of harnessing the power of resilience, offering strategies to help steer our way through the jungle of everyday life.

Rights sold: Brazil, PR China, Czech Republic, Denmark, Italy, Korea, Latvia, Norway, Poland, Russia, Serbia, Spain (cast.), Taiwan
A classic that has much to tell us about the past, as well as quite a bit about the present.

The US Stock Market crash of 1929 was the result of a typical speculation bubble. However, in this special situation, the crash catalyzed a downward spiral in other economic sectors and in numerous countries. It was followed by bank crises, a reduction in demand, unemployment, and protectionist tariff policies. The US used protectionism as an escape route, and the country functioned according to the motto, “Ruin your neighbors the way you yourself have been ruined.”

According to Charles Kindleberger, this catastrophe could have been averted. The national economist and economic historian was one of the architects of the Marshall Plan. He was not only knowledgeable about how a national economy functioned in theory - he knew its realities. His brilliant intellect and practical experiences shape this classic work, which has as much to tell us about our own day and age as it does about the past.

PRESS ACCLAIM TO THE ORIGINAL EDITION:

“[Kindleberger] has written perhaps the finest analytical account of the run-up to the Great Depression and the ensuing run-down from it into mild recovery and eventual world war. [This] brilliant book remains a carefully documented admonition to our leading spirits to 'look to the ends' of what they are currently about.”

Times Literary Supplement

“The World in Depression, 1929-1939 is the best book on the subject.”

John Kenneth Galbraith
Information is this millennium’s raw materials - knowledge is power. This is true for business competition in general, and especially for countries.

In this struggle for dominance, the big players are the ones determining the direction and speed of progress, and the quality of information. In a two-fold sense, the European Union is in a disadvantaged position. On the one hand, it lacks large, market-dominating digital enterprises, such as Microsoft, Apple, Google, and Huawei. On the other hand, the Europeans are adverse to joint intelligence operations. This situation compels the EU countries to cooperate with the US intelligence services, despite the fact that the political interests of the US are deviating increasingly from those of the EU. In addition, the US intelligence services are just as willful as they are self-serving. This book illuminates their goals and practices, and explains why they are allowed to do what they do in other countries and what they are prohibited from doing in the US. It also poses one pivotal question: What are the odds that these services are controlling the European allies and their policies via the selective sharing of information?

Many people view the US as the greatest threat to world peace. Why is this? This book explains the background factors, motives, and resources of this world power.

In the eyes of many, the US exerts the strongest destabilizing influence on world events and, thus, presents the greatest threat to world peace. World power #1 hasn't acquired this top position by chance. Since 1945, no other nation has bombed as many other countries or toppled as many governments as the US. It maintains the most military bases, exports the most weapons, and has the highest defense budget in the world.

Daniele Ganser impressively describes how the US drives a global policy in which violence is the central element.

A worldwide ban on wars went into effect with the establishment of the UN. Military intervention is only permitted in two exceptions (self-defense or by mandate of the UN Security Council). However, the reality is quite different. This book describes how illegal wars have been carried out both in the past and in the present and reveals how the UN regulations are intentionally circumvented, with special focus on the inglorious role played by the NATO nations.
Reason serves as humanity’s sharpest weapon. As a result of their logic and reason, humans are positioned above other creatures. The human is the best that millions of years of evolution has produced – its ultimate high-end model. At least, that is the story.

However, the reality is that in the face of presumed threats, people quickly follow ancient instincts, the ones that have proven successful over the evolutionary process’s millions of years: stereotypical automatisms and emotional shortcuts that often lead to biased assessments. These mechanisms function in opposition to the ideas of the Enlightenment and humanism, and they play into the hands of the populist masses. Frank Urbaniok provides a nuanced analysis of the fatal consequences that can arise from this situation for both the individual and society at large.

One question in particular is a long-burning topic for conversation around more than just the proverbial water cooler: Does the German justice system deliver overly lenient sentences - show too much forbearance - toward convicted criminals? Especially when it comes to spectacular, brutal, and violent criminals, but also when it comes to crimes by minors, the courts are frequently accused of being excessively soft in their judgments. Against the background of an ongoing contentious debate, one of Germany’s leading criminologists analyzes the current state of criminality. The author also problematizes the potentialities and limitations of the criminal justice system, and examines in detail the situation faced by victims. Kinzig presents an engagingly low-key analytical study of this matter, without falling into legalese.

We are all deeply committed to the right “to be the way we are,” to be different than other people. The claim to personal identity is literally everywhere, on the social media, in preferences related to clothing and music, in politics, and in the selection of food items. However, what is actually meant with identity? The answer isn’t all that simple, because identity is multi-faceted in nature: the identity of refugees versus that of Westerners, the identity of the nation and the legal system, the identity of our heritage and our landscape, etc. “Identity” has become a universally applied concept that has now been forced to function in many contexts on both the individual and collective levels. This book explores a concept that controls our thought and emotional processes, and that has long been a central, contentious question in the political realm.
Sabine Asgodom
Queen of Fucking Everything

It’s my turn now!

Enthusiastic, angry, energized – these words hit the nail on the head when it comes to the attitude toward life of many women between the ages of 40 and 60. They have achieved a lot, shouldered a lot, and swallowed a lot. Now their dreams of independent, self-determined lives is growing. “This can’t be all there is!”, one woman says. “Enough is enough!”, declares another. “And now it’s my turn”, many announce. But how can women transform negative feelings, such as disappointment, anger and frustration, into positive energy that will generate the strength they need to affect change?

Sabine Asgodom has already helped thousands of women transform disappointment into energy and develop a vision for their lives from limited perspectives. In her teaching-laughing-solution book, she takes readers through fifteen steps to reach their goals. Step by step, they will succeed at becoming the “Queen of Fucking Everything” in their own lives.

Arye Sharuz Shalicar
“A Wet Dog is Better than a Dry Jew”

“To the Germans, I was a foreigner, to the Muslims a Jew, and to the Jews a juvenile delinquent.”

Arye Sharuz Shalicar was born in Germany, the son of Jewish immigrants from Iran. His background wasn’t an issue for him until his family moved to Wedding, a Berlin neighbourhood with a high proportion of Muslim immigrants. There, anti-Semitism is the order of the day, and when 15-year-old Shalicar’s friends find out he is Jewish he becomes the target of their aggression. With the help of a Kurdish friend he succeeds in “working his way up” the youth gang hierarchy.

Even at this point, his Jewish background doesn’t interest him much. As time passes though, he realizes that he needs to concentrate on graduating from high school, so he starts to pull out of the gang scene. This is the point that he starts to become more interested in his Jewish heritage.

In the end, he emigrates to Israel in 2001. A powerful coming-of-age story set in the heart of Germany. The title of the book refers to an Iranian saying: A “wet dog” is better than a “dry Jew”.

• Currently adapted to the screen with Kida Ramadan
• Film will be released in autumn 2020