



Christian Jung

One More Flying Start

My second life with a brain pacemaker: Instructions on how to live with Parkinson's

304 Pages

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Despite Parkinson's: "My new adventure is called life"

Christian Jung was in his mid-forties when he received his Parkinson's diagnosis. As a scientific journalist, Jung was able to quickly figure out what this finding meant for him. Theoretically, at least - because he couldn't really know what it would be like to live with a disease that would progress unrelentingly. When he reached the point that his mobility became so limited that he had to crawl painstakingly into the bathroom at night, he decided to undergo an operation and have a brain pacemaker implanted. With this step, his second life began.

In this book, Christian Jung tells his story and describes the current state of research into Parkinson's. He presents the disease's basic mechanisms, treatment and pharmaceutical options, drugs, and therapies. *One More Flying Start* is a book that promotes hope and courage: informative, critical, open, and funny, through and through.

- The fascinating story of a patient whose brain pacemaker has given him a new lease on life
- A helpful advice book that presents all there is to know about Parkinson's, including the current state of research related to treatment options, pharmaceutical options, drugs, and therapies

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Christian Jung, born in 1963, is a biologist and scientific journalist. For many years, he was the media spokesman for the Hochschule Hannover. He has received numerous honors for his journalistic work, including the *Life 2017 Prize for Media and Science*. For almost a decade now, Christian Jung's disease has been a constant element in his life, and yet it has been a life in which many wonderful things have happened.